

INDIAN HILL

HIGH PERFORMANCE TRAINING (HPT) - 4ON4 SPRING HOCKEY
@ Indian Hill Winter Club

2010 SPRING HOCKEY

Program Offers:

1 ½ hours on ice per session

March 29 to week of May 17

\$120 per Member and \$170 for Non-Member

Format:

The practice sessions will consist of drills emphasizing puck control, passing, shooting, and overall team play. Cross-ice 3 on 3 or 4 on 4 Scrimmages will also be incorporated into the practice times.

Dates and Times:

Mites House team: Mondays (starting March 29th) from 5:00 – 6:30

Squirt House: Fridays (starting April 2nd) from 5:00 – 6:30

Squirt Travel: Wednesdays (starting March 31st) from 5:30 – 7:00

Peewee House: Fridays (starting April 2nd) from 6:30 – 8:00

Registration: Please visit the Winter Club website to register for the training sessions (located under important news)

Contact Questions/Registration/Payment:

Kevin Lord

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Indian Hill Winter Club Hockey Director

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WINTER CLUB